

## Emergency preparedness

### Reverse 911 call

You must sign up for this (registered)

Call the non-emergency fire department

### Documents:

ID, Passports, Birth Certificates

Non-replaceable documents or items hard to retrieve

Print out of phone numbers & medication lists for all family members

Passwords – written down

Power of attorney and living will in glove box

Make copies of important documents

Phone book

### Personal items for minimum of 3 days

#### Clothing

Hats, gloves, jackets, boots, and/or rain jacket

Personal hygiene products (tooth paste/brush, deodorant, hair brush/comb, nail clippers, dry shampoo, hand sanitizer, etc.) disposable wash cloths

Non-perishable food items & a mess kit to eat out of

Can & bottle openers

Medications/vitamins

Utensils

Towels

Technology

External power pack to charge

Water filter & extra canisters

Purifier tablets

Toilet paper

Baggies to keep things dry

### First aid:

Sling

Band aides

Liquid band aids

Maxi pads for absorption

Hot/cold pack (breakable to activate)

Ibuprofen/Tylenol

ACE bandage wrap

Antibiotic cream

Gause & tape

Scissors

Tweezers

Flashlights & batteries

Radio

Blankets

Water

Candles & matches  
Pocket Knife  
Super glue, close up a clot  
Solar power charger  
Electrolytes  
Mirror and flares  
Whistles

Pets' supplies (for 3 days)  
Food  
Medication  
Poop bags  
Blankets/carriers  
Leashes  
Pet shoes

Non-replaceable items  
Pictures  
Jewelry  
Cash

A good thing to do is have your "emergency tote by front door ready to go and go through it 2 times a year to review and keep fresh.

Apps for discussion:  
Smart 911  
Survival guide  
Knot guide